

## December 27<sup>th</sup> to 30<sup>th</sup> 2016, Wilmington, Delaware Team Profile

**Head Coach's** Lauren Carra

Name:

School Name: Cape Henlopen High School

Nickname: Vikings

City: Lewes

**State:** DE - Delaware

**Team Record:** 9-11

## **About Us:**

With 9 core players returning from last years state tournament team that includes one senior, five juniors, and 4 sophomores, we are in pursuit of challenging for a conference title and making a name for ourselves at the state level. Lone senior Abby E'Nama brings three years of varsity experience as well as her ability to block shots and score around the rim. Returning All Southern Conference guard/forward, Logan Shuttleworth, and Henlopen



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Conference Honorable Mention guard Alia Marshall will be be impact players on both the offensive and defensive end of the floor. Other players who will make key contributions include: Sydney Pedersen, Mallory Jones, Melanie McCloy, Carly Truitt, Alexis Watkins, Niya Mosley, Phelish Scott, and Dania Cannon.